

# Ashford Health and Wellbeing Board

Minutes of a Meeting of the Ashford Health & Wellbeing Board held on the **26th April 2017**.

## Present:

Councillor Brad Bradford - Portfolio Holder for Highways, Wellbeing and Safety, ABC (Chairman)

Dr Navin Kumta – Clinical Lead and Chair, Ashford CCG (Vice-Chairman)

Sheila Davison – Head of Health, Parking and Community Safety, ABC;

Neil Fisher – Head of Strategy and Planning, CCG;

Deborah Smith – KCC Public Health;

Karen Cook – Policy and Strategic Partnerships, KCC;

John Bridle – HealthWatch;

Tracey Tomkinson – One You, KCHFT;

Wendy Poole – Sheltered Housing, ABC;

Christina Fuller – Head of Culture, ABC;

Belinda King – Management Assistant, ABC;

Kirsty Morland – Member Services Officer, ABC;

Rosie Reid – Member Services and Ombudsman Complaints Officer, ABC.

## Apologies:

Peter Oakford – Cabinet Member, KCC, Simon Perks – Accountable Officer, CCG,

Chris Morley – Patient and Public Engagement (PPE), Ashford Clinical

Commissioning Group, Sharon Williams – Head of Housing, ABC, Rebecca Wilcox – Housing Operations Manager, ABC.

Prior to the commencement of the meeting it was agreed that item 10 on the agenda would be taken as the first item, once formal business had been undertaken.

## 1 Notes of the Meeting of the Board held on 18<sup>th</sup> January 2017

The Board agreed that the notes were a correct record.

## 2 Election of Chairman and Vice-Chairman

It was agreed that Cllr. Brad Bradford and Dr Navin Kumta be elected as Chairman and Vice Chairman respectively of the Board for 2017/18.

Cllr Bradford extended his personal thanks to Navin Kumta for his dedication to his role as Chairman for the past two years. This was echoed by the Board.

## 3 Update on the Sustainability and Transformation Plan

3.1 Neil Fisher advised that due to the calling of the General Election, he was unable to make comment or answer questions on the Plan as this was

affected by Purdah. He confirmed, however, that work continued on the Plan. A number of working groups had been looking at urgent care, elective services and local care ie community based and closer to home. Listening events had taken place with successful analysis coming out of those, however due to Purdah he was unable to share any further information. Public consultation was planned for the autumn.

## **4 Partner Update – CCG**

- 4.1 Neil Fisher drew attention to the update contained within the agenda papers. In response to a question, he advised that the CCG was satisfied that the space allocated for health provision at the Chilmington Green hub would be sufficient, however there were ongoing discussions regarding the use of the space in the building to be provided. Capital funding had been granted for development around Kingsnorth Medical Practice and Ivy Court, Tenterden. The funding would be used to support integrated models of care provision ie providing both GP facilities and space for other health users. He acknowledged that the estates strategy took into account local care changes and ABC's developing Local Plan. There was not a deadline in place for the completion of the Estates Strategy.
- 4.2 Deborah Smith advised that a meeting is due to take place regarding the extension of the One You project and invited the CCG to attend. Neil Fisher agreed that the CCG wished to be actively involved and that Lisa Barclay would be an appropriate contact.
- 4.3 John Bridle raised concerns about the level of provision of rheumatology services at the William Harvey Hospital. Neil Fisher advised that musculoskeletal services faced huge pressures, and this was a high priority area in relation to localised care. There were constraints on consultants, which was a nationally recognised problem.
- 4.4 Neil Fisher advised that the CCG were supportive of ABC's Local Plan and confirmed that a statement of supporting evidence would be provided for the public consultation process.

## **5 One You Presentation**

- 5.1 Using a PowerPoint presentation Tracey Tomkinson gave the Board an overview of the setting up and progress to date on the One You shop in Ashford. One You had been set up and launched in six weeks as part of a project supported by KCHFT, ABC and Public Health. She highlighted the services that One You provided, including NHS Health Checks, as well as signposting towards other services. Of those who visited One You 29% had been from the most deprived Wards in the Borough and word of mouth had played a large part in visitor numbers from those areas.
- 5.2 She advised that in order to ensure a continued success of the One You shop promotion through employers, businesses, CCG's, Schools and GP's would be vital. She felt strongly that people should be able to access such health provisions on the high street. Deborah Smith advised that Thanet were considering launching something similar, although to be led by the Voluntary

Sector. There were also suggestions for similar schemes in Canterbury, Sheerness and Sittingbourne. It was clear from customer feedback that the free blood pressure monitoring and NHS Health Checks and Health MOT's were a significant draw for the public. The support being provided for those experiencing mental health pressures were also thought to be extremely valuable. The contact being provided by staff was also considered to be helping to alleviate social isolation.

- 5.3 Tracey Tomkinson felt that there was scope for partner agencies to use and utilise One You. In response to a question, she advised that if a NHS Health Check was carried out paperwork was always sent to the GP. They had been compiling some data to enable them to contact visitors to follow up on visits, particularly in respect of high blood pressure levels and BMI. Deborah Smith offered to provide some support regarding data quality. Navin Kumta felt that it would be beneficial for this presentation to be given to the GP Consortium or at a GP training event and would liaise with Tracey Tomkinson regarding this.

## **6 Update on Ashford Health and Wellbeing Board Priorities**

### **Reducing Smoking Prevalence Update**

- 6.1 Deborah Smith introduced this item. She advised that progress had been made in relation to smoking in pregnancy, midwives were monitoring CO and the maternity ward at the William Harvey Hospital was raising awareness also. The challenge was the women who declined or were lost to the service once a referral had been made. Work in respect of illegal tobacco had been progressing with a roadshow taking place to raise awareness and six seizures made by Trading Standards. New legislation would come into effect next month in respect of e-cigarettes, this would be monitored by Trading Standards. In addition 13 youth workers were being trained and equipped to support young people to stop smoking.
- 6.2 In response to a question, she advised that quit packs were still being promoted. People were 7 times more likely to quit smoking if they had a method of support, such as a group than if they were to quit alone. This was an area in which One You would be able to assist, particularly in relation to signposting.

### **Resolved:**

- That (i) the report be received and noted,  
(ii) a full report on the outcomes of the Action Plan be provided to the July 2017 meeting.**

### **Healthy Weight Update**

- 6.3 Deborah Smith advised that much work and mapping had been carried out in respect of this priority and she felt it would be useful to provide an annual report to the Board on this matter.

**Resolved:**

- That (i) the Board acknowledges the actions progressed by the Task and Finish Group,**  
**(ii) a full report on the Action Plan outcomes be provided to the July 2017 meeting.**

## **7 Kent Health & Wellbeing Board Meeting**

- 7.1 Navin Kumta advised that the Minutes of the Kent Health and Wellbeing Board Meeting held on 22<sup>nd</sup> March 2017 could be accessed using the link provided under item 7 of the agenda. In response to a question, he explained that the Board Meeting focussed on STP planning and the work required across Kent and Medway, and there was no further information for him to report to this Meeting and no specific actions for the Ashford Board.

## **8 Kent Joint Health and Wellbeing Strategy (draft)**

- 8.1 Karen Cook introduced this item. She had been invited by the Board to give an update on progress with the outline draft of the Kent Joint Health and Wellbeing Strategy 2018-23. She said that it was a statutory requirement to have a health and wellbeing strategy in place, and the purpose of the strategy was to set out how the Kent Health and Wellbeing Board would tackle the health needs of the local population. She advised that the new strategy would be a distinct move away from the previous approach, with emphasis on two particular challenges that the Board faced: firstly, providing more guidance to commissioners to support decision making; and secondly, around supporting the Kent Board further in the context of the sustainability and transformation process. She drew the Board's attention to page 32 of the agenda, and highlighted the processes and phases illustrated on the flowchart. Deborah Smith noted that there was a clear and well-developed prevention plan, which had been modelled against costs and outcomes. The Chairman said he felt the Council's focus should be on how to stop people getting into the health system in the first place, and the work that could be done to keep local residents fit and healthy. He considered that the One You shop could play a large part in helping change lifestyles and attitudes. It was also agreed that issues such as housing, leisure and green spaces were important factors in improving wellbeing, and should be addressed in local board action plans.
- 8.2 Karen Cook said that the key question was how to make the new strategy into a reality in the context of the Sustainability Transformation Plan (STP). The meeting agreed that there was a need to clarify the role of local boards, and their relationship with the Kent Board. It was considered that it would be helpful if the strategy included a clear statement of principles and guidance to provide direction at local level. Navin Kumta said it was important to highlight the prevention agenda, which was the main wellbeing agenda for local boards. He suggested that the Health & Wellbeing Board should indicate the local priorities for Ashford, and other Kent towns, so those items could be used as reporting items on the agenda at local board meetings. In this way local boards could demonstrate more clearly how they were meeting the prevention agenda locally. It was not clear how local boards fed into the STP

workstream, and Navin Kumta agreed to seek clarification at county level on how local boards could influence the prevention agenda.

- 8.3 Karen Cook drew the attention of the Meeting to Appendix 2 on page 53 of the agenda. She highlighted the six priorities which were proposed under the aims of the draft strategy. She said she would welcome feedback on whether these were the right mix of priorities, focused at the right level. The meeting agreed that these priorities appeared to be appropriate for Ashford, and could be worked on at local level. It was questioned how local boards could realistically influence the way commissioning was decided and how services were developed within the local area. Karen Cook said that the answer to this may be for more strategies to come to local boards, so local boards could develop an action plan over and above the strategy, which was specific and appropriate to the local area. She said the draft strategy adopted a light touch, in order to accommodate local solutions. She added that consultation would take place, together with engagement with the public, and the final strategy would be reported to the Kent Health and Wellbeing Board Meeting in September. She welcomed any comments or feedback, and encouraged members of the Board to join a sub group or steering group to assist the development of the strategy.

## **Resolved**

**That the report be received and noted.**

## **9 Partner Updates**

### **Ashford Borough Council**

- 9.1 Sheila Davison drew the Board's attention to the progress update on Chilmington Green on page 63 of the agenda. She also advised that progress had been made in respect of tackling domestic abuse, with the Council receiving £100K DCLG grant to provide additional refuge and support for victims. She advised that the Chief Executive of the East Kent Hospitals University NHS Foundation Trust and Navin Kumta had provided a briefing to Council Members on STP. In addition, work had commenced on an Air Quality Strategy, which was being developed in conjunction with the Overview & Scrutiny Committee. Christina Fuller added that a report was to be submitted to Cabinet on a new strategy for pitches and sports which would underpin the local health agenda.

### **Healthwatch**

- 9.2 John Bridle introduced this item. He highlighted the challenge of engagement with the public, and the difficulty reaching all groups within the community. He said more volunteers were needed at the hospital, particularly to take on a proactive role. Healthwatch would be publishing priorities for next year shortly. In response to a question about GP surgeries, he responded that Healthwatch relied on feedback from volunteers involved with patient participation groups. Tracey Tomkinson suggested that Healthwatch could use the One You shop on Mondays, and it was agreed that there were opportunities for Healthwatch and One You to signpost residents to each

other's services. There was a suggestion that the Create Festival would give an opportunity for services to promote themselves via publicity stands at the event.

### **Ashford Local Children's Partnership Group**

- 9.3 Helen Anderson advised that the aim of the Group was to provide a coordination function, particularly with regard to emotional health and wellbeing. Grants were now coming online for this year, with a transition programme running for schools from primary to secondary. The Group was also working on ante-natal health and development, and support for young parents, and the work which could be done in these areas with other partners. The Group was looking specifically at how to help children and young people in Ashford. Key priorities were based on data and partnership working. Tracey Tomkinson said that the One You shop could offer Health MOTs when health trainers were not available. Helen Anderson said the Group recognised the need for early intervention to support physical and mental health needs, and to encourage people beyond the stigma surrounding mental health.

## **10 Forward Plan**

- 10.1 It was agreed that the following items would be on the agenda for the Board Meeting on 19<sup>th</sup> July:

- Ashford Health and Wellbeing Board's Priorities One-Year on (Healthy Weight and Reducing Smoking Prevalence)
- Kent Health and Wellbeing Strategy update
- Local Children's Partnership Group Yearly Update
- Falls Strategy
- CCG Estates Strategy

## **11 Dates of Future Meetings**

- 11.1 The next meeting would be held on 19<sup>th</sup> July 2017.

- 11.2 The following dates were also agreed for subsequent meetings:-

18<sup>th</sup> October 2017

17<sup>th</sup> January 2018

---

Queries concerning these minutes? Please contact Kirsty Morland:  
Telephone: 01233 330499 Email: [kirsty.morland@ashford.gov.uk](mailto:kirsty.morland@ashford.gov.uk)  
Agendas, Reports and Minutes are available on: [www.ashford.gov.uk/committee](http://www.ashford.gov.uk/committee)